

# SONIC® Drive-In Menu Nutrition Guide

NOTE: When printing this guide your printer's layout properties will need to be set to landscape orientation.

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
<b>LIMITED TIME ONLY PRODUCTS***</b>																
HEY BATTER BATTER BLAST - MINI (10 OZ)	620	260	29	20	0	80	390	86	1	74	7	15%	0%	20%	2%	272
HEY BATTER BATTER BLAST - SMALL (14 OZ)	890	380	43	29	0	130	560	120	1	103	11	25%	0%	30%	4%	406
HEY BATTER BATTER BLAST - MEDIUM (20 OZ)	1290	540	59	40	0	190	850	178	1	156	16	40%	0%	45%	4%	598
HEY BATTER BATTER BLAST - LARGE (32 OZ)	1900	790	88	59	0	300	1270	259	1	231	24	60%	0%	70%	6%	907
ALL BEEF HOT DOG 6" - CHILI CHEESE FRITOS® CONEY	580	320	36	12	0	65	1480	46	3	5	19	10%	4%	25%	35%	196
ALL BEEF HOT DOG 6" - WHOLLY GUACAMOLE® DOG	480	290	32	10	0	60	1550	36	2	6	16	10%	25%	15%	30%	225
PINEAPPLE ISLAND BREEZE SLUSH - MINI (10 OZ)	170	0	0	0	0	0	30	45	0	43	0	0%	20%	0%	0%	292
PINEAPPLE ISLAND BREEZE SLUSH - SMALL (14 OZ)	220	0	0	0	0	0	35	58	0	57	0	0%	20%	0%	0%	405
PINEAPPLE ISLAND BREEZE SLUSH - MEDIUM (20 OZ)	350	0	0	0	0	0	55	92	0	90	0	0%	45%	0%	0%	612
PINEAPPLE ISLAND BREEZE SLUSH - LARGE (32 OZ)	560	0	0	0	0	0	90	147	0	144	0	0%	60%	0%	0%	989
PINEAPPLE ISLAND BREEZE SLUSH - RT 44® (44 OZ)	760	0	0	0	0	0	125	201	0	196	0	0%	90%	0%	0%	1364
STRAWBERRY ISLAND BREEZE SLUSH - MINI (10 OZ)	160	0	0	0	0	0	30	43	1	42	0	0%	15%	0%	0%	292
STRAWBERRY ISLAND BREEZE SLUSH - SMALL (14 OZ)	220	0	0	0	0	0	40	57	1	56	0	0%	15%	0%	0%	405
STRAWBERRY ISLAND BREEZE SLUSH - MEDIUM (20 OZ)	340	0	0	0	0	0	60	91	1	89	0	0%	35%	2%	2%	615
STRAWBERRY ISLAND BREEZE SLUSH - LARGE (32 OZ)	540	0	0	0	0	0	95	144	2	141	1	0%	50%	2%	2%	989
STRAWBERRY ISLAND BREEZE SLUSH - RT 44® (44 OZ)	730	0	0	0	0	0	130	192	2	189	1	0%	60%	2%	2%	1349
<b>BURGERS</b>																
SONIC® BURGER (W/MAYONNAISE)	740	430	48	15	1.5	110	760	44	2	7	31	6%	8%	20%	30%	265
SONIC® BURGER (W/MUSTARD)	640	330	37	14	1.5	100	790	43	2	7	31	6%	8%	20%	30%	258
SONIC® BURGER (W/KETCHUP)	650	340	37	14	1.5	100	860	46	2	10	32	8%	10%	20%	30%	265
SONIC® CHEESEBURGER (W/MAYONNAISE)	800	480	54	18	1.5	130	1090	44	2	7	35	10%	8%	30%	30%	283
SONIC® CHEESEBURGER (W/MUSTARD)	710	380	43	17	1.5	120	1120	43	2	7	35	10%	8%	30%	30%	276
SONIC® CHEESEBURGER (W/KETCHUP)	720	380	43	17	1.5	120	1190	47	2	10	35	15%	10%	30%	30%	283
SONIC® BACON CHEESEBURGER (W/MAYO)	870	530	59	20	1.5	140	1350	45	2	7	39	10%	8%	30%	30%	296
<i>Super</i> SONIC® DOUBLE CHEESEBURGER (W/MAYO)	1220	780	87	34	3.5	245	1520	45	2	8	63	15%	8%	40%	40%	401
<i>Super</i> SONIC® DOUBLE CHEESEBURGER (W/MUSTARD)	1120	680	76	32	3.5	235	1550	44	2	8	63	15%	8%	40%	40%	394

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
<i>Super</i> SONIC® DOUBLE CHEESEBURGER (W/KETCHUP)	1130	680	76	32	3.5	235	1620	47	2	11	63	20%	10%	40%	40%	401
<i>Super</i> SONIC® BACON DOUBLE CHEESEBURGER (W/MAYO)	1280	830	92	36	3.5	260	1630	44	2	7	67	15%	6%	40%	40%	395
JR. BURGER	340	150	17	6	0.5	35	640	34	1	6	15	2%	4%	6%	15%	127
JR. DELUXE BURGER	380	200	23	6	0.5	40	470	32	1	4	15	2%	4%	6%	15%	144
JR. DELUXE CHEESEBURGER	450	250	28	9	0.5	60	800	33	1	4	19	6%	4%	15%	15%	162
JR. DOUBLE CHEESEBURGER	600	350	38	16	1.5	110	1350	35	1	7	31	15%	4%	25%	20%	200
* <i>Super</i> SONIC® JALAPEÑO DOUBLE CHEESEBURGER	1120	680	76	32	3.5	235	1690	43	2	7	63	15%	2%	40%	40%	371
*JALAPEÑO BURGER	640	330	37	14	1.5	100	930	42	2	6	31	4%	2%	20%	30%	235
*GREEN CHILE CHEESEBURGER	710	380	43	17	1.5	120	1120	44	2	7	35	10%	25%	30%	30%	304
VEGGIE BURGER (W/ MUSTARD)	450	130	14	3.5	0	10	1300	64	5	8	15	6%	8%	25%	20%	254
VEGGIE BURGER (W/ MAYONNAISE)	540	230	25	5	0	20	1290	65	5	8	15	6%	8%	25%	20%	261
VEGGIE BURGER (W/ KETCHUP)	450	130	14	3.5	0	10	1410	67	5	11	15	6%	8%	25%	20%	261

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
<b>PERSONALIZE IT</b>																
AMERICAN CHEESE	70	50	6	3	0	20	330	1	0	0	4	6%	0%	10%	0%	18
CRISPY BACON	70	50	5	2	0	15	260	0	0	0	4	0%	0%	0%	2%	13
HOT CHILI	50	35	3.5	1.5	0	10	160	2	1	1	3	6%	2%	2%	2%	33
SPICY JALAPEÑOS	5	0	0	0	0	0	280	1	1	0	0	2%	0%	2%	2%	21
*GREEN CHILES	5	0	0	0	0	0	5	1	0	0	0	0%	15%	0%	0%	28
*SLAW	45	30	3	0.5	0	5	45	4	1	1	0	4%	80%	2%	0%	28
HICKORY BBQ SAUCE	40	0	0	0	0	0	450	10	0	8	0	2%	2%	0%	2%	28
LIGHT RANCH DRESSING	70	50	6	1	0	10	290	3	0	2	1	0%	0%	2%	0%	28
*GRILLED ONIONS	25	15	2	0	0	0	200	2	1	1	0	0%	0%	0%	2%	28
<b>KIDS' MEALS</b>																
JR. BURGER	340	150	17	6	0.5	35	640	34	1	6	15	2%	4%	6%	15%	127
CORN DOG	210	100	11	3.5	0	20	530	23	2	4	6	0%	0%	4%	6%	74
GRILLED CHEESE SANDWICH	410	170	18	7	0	35	1040	45	1	6	14	10%	4%	35%	15%	121
CHICKEN STRIPS (2)	200	100	11	2	0	30	470	10	1	0	14	0%	2%	0%	4%	70
ALL BEEF REGULAR HOT DOG - 6"	320	160	18	7	0	40	870	27	1	3	11	0%	2%	8%	30%	106
TATER TOTS - SMALL	220	110	12	2	0	0	560	27	2	0	2	0%	2%	2%	4%	90
FRENCH FRIES - SMALL	200	70	8	1.5	0	0	270	30	2	0	2	0%	2%	2%	2%	71
APPLE SLICES	35	0	0	0	0	0	0	9	2	7	0	0%	80%	0%	0%	68
APPLE SLICES W/FAT-FREE CARAMEL DIPPING SAUCE	110	0	0	0	0	0	60	28	2	15	0	0%	80%	4%	0%	96
MILK (1%)	110	20	2.5	1.5	0	10	130	13	0	12	8	10%	0%	30%	0%	244
MILK, CHOCOLATE (1%)	160	20	2.5	1.5	0	10	210	27	0	25	8	10%	0%	30%	2%	244
MINUTE MAID® APPLE JUICE BOX	100	0	0	0	0	0	15	23	0	21	0	0%	100%	10%	0%	191
HI-C® FRUIT PUNCH - WACKY PACK® (12 OZ)	120	0	0	0	0	0	10	31	0	31	0	0%	110%	0%	0%	278

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
<b>TOASTER® SANDWICHES</b>																
*CHICKEN CLUB TOASTER® SANDWICH	810	410	46	11	0	90	1730	63	4	7	36	10%	15%	25%	25%	282
*BACON CHEESEBURGER TOASTER®	840	440	49	19	2	130	1490	59	2	13	40	10%	15%	30%	30%	295
*BLT TOASTER® SANDWICH	550	270	30	7	0	35	1000	53	2	7	16	6%	10%	15%	20%	162
*COUNTRY FRIED STEAK TOASTER®	700	310	35	9	0	50	1370	81	3	7	15	6%	10%	20%	30%	256
*COUNTRY FRIED STEAK SANDWICH	670	330	37	10	0	50	1410	71	2	6	14	6%	6%	15%	30%	246
<b>WRAPS</b>																
GRILLED CHICKEN WRAP	390	130	14	3.5	0	80	1420	39	2	5	28	6%	8%	20%	15%	250
CRISPY CHICKEN WRAP	490	210	23	5	0	40	1280	49	3	5	21	6%	10%	15%	15%	234
<b>CHICKEN</b>																
*CHICKEN STRIPS (3)	300	150	16	3	0	50	700	16	2	0	21	0%	2%	2%	6%	105
*CHICKEN STRIPS (5)	490	250	27	5	0.5	80	1170	26	3	0	36	2%	4%	2%	10%	175
*GRILLED CHICKEN SANDWICH	430	180	20	3.5	0	80	940	33	2	6	28	6%	8%	10%	10%	219
*CRISPY CHICKEN SANDWICH (WHEAT)	570	300	33	5	0	45	1060	47	4	6	23	6%	8%	10%	15%	221
*JUMBO POPCORN CHICKEN® - SMALL (4oz)	380	190	22	4	0	45	1250	27	3	1	18	0%	0%	2%	10%	113
*JUMBO POPCORN CHICKEN® - LARGE (6oz)	560	290	32	6	0.5	65	1890	41	5	2	27	0%	0%	4%	15%	170
CHICKEN STRIP SANDWICH	450	220	24	4	0	35	740	43	1	4	19	0%	0%	4%	15%	155
RANCH SAUCE	150	140	16	2.5	0	10	230	1	0	1	0	0%	0%	0%	0%	28
HONEY MUSTARD SAUCE	90	60	7	1	0	15	190	7	0	4	0	0%	0%	0%	0%	28
BBQ SAUCE	35	0	0	0	0	0	380	9	0	6	0	0%	0%	0%	10%	28
<b>SANDWICHES &amp; DINNERS</b>																
*PHILLY CHEESESTEAK SANDWICH	540	200	23	10	1.5	90	1240	48	3	4	36	10%	25%	15%	45%	253
*FISH SANDWICH	600	280	31	5	0	40	1190	60	3	7	18	0%	2%	15%	20%	222
*CRAB SANDWICH	460	180	20	2.5	0	35	380	57	2	6	14	4%	6%	10%	15%	213

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
*CAROLINA PULLED PORK SANDWICH	730	340	38	14	0	70	2020	67	4	20	31	20%	180%	10%	15%	317
*CHICKEN STRIP DINNER	1010	410	46	8	1	65	1970	111	7	8	37	0%	10%	15%	25%	408
*2PC. FISH DINNER (W/SLAW & TEXAS TOAST)	640	280	31	6	0.5	65	1410	63	5	4	27	4%	80%	10%	20%	266
<b>CONEYS</b>																
CORN DOG	210	100	11	3.5	0	20	530	23	2	4	6	0%	0%	4%	6%	74
FOOTLONG QUARTER POUND CONEY	830	490	54	22	0.5	85	1940	54	3	9	30	15%	4%	30%	25%	291
ALL BEEF REGULAR HOT DOG - 6"	320	160	18	7	0	40	870	27	1	3	11	0%	2%	8%	30%	106
ALL BEEF NEW YORK DOG - 6"	340	170	19	7	0	40	1250	30	3	4	13	2%	10%	8%	35%	156
ALL BEEF ALL-AMERICAN STYLE DOG - 6"	370	160	18	7	0	40	1180	40	1	15	12	2%	4%	8%	30%	142
ALL BEEF CHICAGO DOG - 6"	430	180	20	7	0	40	2310	49	1	17	14	4%	6%	10%	35%	244
ALL BEEF CHILI CHEESE CONEY - 6"	410	230	26	11	0	65	1140	30	2	4	17	10%	2%	20%	35%	153
<b>SNACKS &amp; SIDES</b>																
ONION RINGS - MEDIUM	440	190	21	3.5	0	0	430	55	3	14	6	0%	0%	2%	6%	156
ONION RINGS - LARGE	640	280	31	5	0.5	0	630	80	4	20	9	0%	0%	4%	8%	227
TATER TOTS - SMALL	220	110	12	2	0	0	560	27	2	0	2	0%	2%	2%	4%	90
TATER TOTS - MEDIUM	360	170	19	3.5	0	0	890	43	4	0	3	0%	2%	2%	8%	144
TATER TOTS - LARGE	580	280	31	6	0	0	1450	69	6	1	5	0%	4%	4%	15%	234
TATER TOTS W/CHEESE - SMALL	290	160	18	5	0	20	890	27	2	1	5	6%	2%	10%	4%	108
TATER TOTS W/CHEESE - MEDIUM	450	250	28	8	0	30	1390	43	4	1	8	8%	2%	15%	8%	171
TATER TOTS W/CHEESE - LARGE	840	450	50	13	0	40	2450	86	8	2	13	10%	4%	25%	15%	324
TATER TOTS W/CHILI & CHEESE - SMALL	330	180	20	6	0	10	950	29	3	1	8	10%	2%	10%	8%	137
TATER TOTS W/CHILI & CHEESE - MEDIUM	540	300	33	11	1	20	1550	48	5	2	13	15%	4%	15%	15%	232
TATER TOTS W/CHILI & CHEESE - LARGE	980	530	59	17	1	30	2720	93	10	3	20	25%	8%	25%	25%	416

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
FRENCH FRIES - SMALL	200	70	8	1.5	0	0	270	30	2	0	2	0%	2%	2%	2%	71
FRENCH FRIES - MEDIUM	340	140	16	3	0	0	360	46	4	0	4	0%	8%	2%	15%	113
FRENCH FRIES - LARGE	470	190	22	4	0	0	490	64	5	0	6	0%	10%	2%	20%	156
FRENCH FRIES W/CHEESE - SMALL	350	160	18	5	0	20	620	38	3	1	7	6%	6%	10%	10%	110
FRENCH FRIES W/CHEESE - MEDIUM	490	230	26	8	0	30	900	53	4	1	10	8%	10%	15%	15%	155
FRENCH FRIES W/CHEESE - LARGE	780	360	41	11	0	35	1330	88	7	2	15	10%	15%	20%	25%	249
FRENCH FRIES W/CHILI & CHEESE - SMALL	380	180	20	6	0	10	650	40	3	1	9	8%	8%	10%	15%	135
FRENCH FRIES W/CHILI & CHEESE - MEDIUM	560	270	31	10	0.5	15	1010	57	5	2	14	15%	10%	15%	20%	206
FRENCH FRIES W/CHILI & CHEESE - LARGE	890	430	48	14	1	25	1530	94	8	3	21	20%	20%	20%	30%	326
*PICKLE-O'S®	310	150	16	3	0	0	1020	36	2	2	5	0%	0%	8%	6%	113
MOZZARELLA STICKS (5)	440	200	22	9	0.5	45	1050	40	2	1	19	10%	0%	45%	6%	140
*CHED 'R' BITES® (12)	280	140	15	6	0	30	740	22	1	0	13	8%	0%	35%	4%	84
*CHED 'R' PEPPERS® (4)	330	150	17	6	1	25	1110	36	2	2	8	8%	0%	15%	4%	120
*FRITOS® CHILI CHEESE PIE - MEDIUM	510	310	34	10	0.5	15	1000	36	3	2	14	15%	2%	20%	6%	145
*FRITOS® CHILI CHEESE PIE - LARGE	970	580	64	18	1	35	1780	71	6	3	25	30%	4%	35%	10%	275
APPLE SLICES	35	0	0	0	0	0	0	9	2	7	0	0%	80%	0%	0%	68
APPLE SLICES W/FAT-FREE CARAMEL DIPPING SAUCE	110	0	0	0	0	0	60	28	2	15	0	0%	80%	4%	0%	96
<b>SONIC BLAST®</b>																
OREO® SONIC BLAST® - MINI (10 OZ)	530	250	28	18	0	65	380	62	1	50	6	15%	0%	15%	10%	215
OREO® SONIC BLAST® - SMALL (14 OZ)	900	430	47	30	0	130	640	106	2	88	12	25%	0%	35%	15%	399
OREO® SONIC BLAST® - MEDIUM (20 OZ)	1230	580	65	42	0	190	880	146	2	122	17	40%	0%	50%	20%	562
OREO® SONIC BLAST® - LARGE (32 OZ)	1780	840	93	60	0	290	1270	210	3	177	25	60%	0%	70%	25%	829
M&M'S® SONIC BLAST® - MINI (10 OZ)	540	260	29	21	0	65	210	62	1	58	7	15%	0%	20%	2%	215
M&M'S® SONIC BLAST® - SMALL (14 OZ)	910	450	49	34	0	130	400	106	1	99	13	30%	0%	40%	4%	399
M&M'S® SONIC BLAST® - MEDIUM (20 OZ)	1250	610	68	47	0	190	580	146	2	137	18	40%	0%	60%	6%	562
M&M'S® SONIC BLAST® - LARGE (32 OZ)	1800	870	97	67	0	290	870	210	3	197	27	60%	0%	80%	8%	829
REESE'S® PEANUT BUTTER CUPS SONIC BLAST® - MINI (10 OZ)	510	210	23	17	0	65	270	66	1	54	9	15%	0%	20%	2%	215

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
REESE'S® PEANUT BUTTER CUPS SONIC BLAST® - SMALL (14 OZ)	870	370	41	29	0	135	490	111	1	94	16	30%	0%	40%	2%	399
REESE'S® PEANUT BUTTER CUPS SONIC BLAST® - MEDIUM (20 OZ)	1200	510	57	40	0	195	690	153	2	129	22	40%	0%	50%	4%	562
REESE'S® PEANUT BUTTER CUPS SONIC BLAST® - LARGE (32 OZ)	1730	750	83	58	0	295	1020	219	2	187	31	60%	0%	80%	4%	829
BUTTERFINGER® SONIC BLAST® - MINI (10 OZ)	520	250	27	18	0	65	240	63	0	51	7	15%	0%	15%	2%	215
BUTTERFINGER® SONIC BLAST® - SMALL (14 OZ)	890	420	47	31	0	130	460	108	0	90	13	25%	0%	35%	4%	399
BUTTERFINGER® SONIC BLAST® - MEDIUM (20 OZ)	1230	570	64	43	0	190	650	148	0	124	18	40%	0%	50%	4%	562
BUTTERFINGER® SONIC BLAST® - LARGE (32 OZ)	1770	830	92	62	0	290	960	213	0	180	27	60%	0%	70%	6%	829
SNICKERS® SONIC BLAST® - MINI (10 OZ)	520	270	30	19	0	65	270	59	1	53	8	15%	0%	20%	2%	215
SNICKERS® SONIC BLAST® - SMALL (14 OZ)	900	450	50	32	0	135	490	101	1	93	14	30%	0%	40%	2%	399
SNICKERS® SONIC BLAST® - MEDIUM (20 OZ)	1230	610	68	44	0	200	690	139	2	128	19	40%	0%	50%	2%	562
SNICKERS® SONIC BLAST® - LARGE (32 OZ)	1770	880	98	63	0	300	1010	201	2	186	28	60%	0%	80%	4%	829
<b>SHAKES</b>																
VANILLA SHAKE - MINI (10 OZ)	470	250	28	20	0	90	250	51	0	48	7	20%	0%	25%	0%	275
VANILLA SHAKE - SMALL (14 OZ)	540	280	31	23	0	100	290	58	0	55	9	20%	0%	25%	0%	340
VANILLA SHAKE - MEDIUM (20 OZ)	690	360	40	29	0	135	380	75	0	71	10	25%	0%	35%	0%	455
VANILLA SHAKE - LARGE (32 OZ)	1090	560	62	44	0	225	630	120	0	113	17	45%	0%	60%	0%	703
CHOCOLATE SHAKE - MINI (10 OZ)	570	230	26	19	0	80	280	78	0	45	6	15%	0%	20%	4%	301
CHOCOLATE SHAKE - SMALL (14 OZ)	620	280	31	23	0	100	320	77	0	55	8	20%	0%	25%	2%	368
CHOCOLATE SHAKE - MEDIUM (20 OZ)	850	360	40	29	0	135	440	113	0	71	10	25%	0%	35%	6%	512
CHOCOLATE SHAKE - LARGE (32 OZ)	1410	520	58	41	0	210	730	203	0	106	16	40%	0%	50%	15%	799
STRAWBERRY SHAKE - MINI (10 OZ)	470	230	26	19	0	80	230	55	1	52	6	15%	15%	20%	0%	283
STRAWBERRY SHAKE - SMALL (14 OZ)	570	280	31	23	0	100	300	66	1	62	8	20%	15%	25%	0%	368
STRAWBERRY SHAKE - MEDIUM (20 OZ)	750	360	40	29	0	135	390	91	1	85	11	25%	30%	35%	0%	426
STRAWBERRY SHAKE - LARGE (32 OZ)	1100	520	58	41	0	210	600	131	2	123	16	40%	40%	50%	2%	733
BANANA SHAKE - MINI (10 OZ)	520	230	26	19	0	80	230	69	3	56	7	15%	15%	20%	2%	350
BANANA SHAKE - SMALL (14 OZ)	620	280	31	23	0	100	290	80	3	67	9	20%	15%	25%	2%	435
BANANA SHAKE - MEDIUM (20 OZ)	860	360	40	29	0	135	390	119	5	94	12	30%	30%	35%	2%	645
BANANA SHAKE - LARGE (32 OZ)	1270	530	59	42	0	210	590	177	7	141	19	45%	40%	50%	4%	947
PINEAPPLE SHAKE - MINI (10 OZ)	480	230	26	19	0	80	230	56	0	53	6	15%	20%	20%	0%	283
PINEAPPLE SHAKE - SMALL (14 OZ)	570	280	31	23	0	100	290	67	0	63	8	20%	20%	25%	0%	368
PINEAPPLE SHAKE - MEDIUM (20 OZ)	760	360	40	29	0	135	390	93	0	87	10	25%	40%	35%	0%	512

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
PINEAPPLE SHAKE - LARGE (32 OZ)	1130	520	58	41	0	210	600	139	0	130	16	40%	60%	50%	0%	747
CARAMEL SHAKE - MINI (10 OZ)	530	240	27	19	0	85	320	66	0	56	6	15%	0%	20%	0%	283
CARAMEL SHAKE - SMALL (14 OZ)	630	290	32	23	0	105	380	77	0	67	8	20%	0%	25%	0%	368
CARAMEL SHAKE - MEDIUM (20 OZ)	870	380	42	30	0	145	560	113	0	95	10	25%	0%	35%	0%	512
CARAMEL SHAKE - LARGE (32 OZ)	1290	550	61	44	0	220	850	168	0	142	16	40%	0%	50%	0%	747
HOT FUDGE SHAKE - MINI (10 OZ)	540	270	30	22	0	80	270	62	1	55	6	15%	0%	20%	2%	283
HOT FUDGE SHAKE - SMALL (14 OZ)	610	280	32	23	0	100	340	73	1	64	8	20%	0%	25%	2%	359
HOT FUDGE SHAKE - MEDIUM (20 OZ)	890	410	45	34	0	135	490	109	2	93	10	25%	0%	35%	4%	510
HOT FUDGE SHAKE - LARGE (32 OZ)	1540	710	79	60	0	205	800	187	4	158	16	40%	0%	50%	8%	805
<b>MALTS</b>																
VANILLA MALT - MINI (10 OZ)	490	250	28	21	0	90	260	53	0	50	7	20	0	25	0	278
VANILLA MALT - SMALL (14 OZ)	550	290	32	23	0	105	300	60	0	57	8	20%	0%	25%	0%	343
VANILLA MALT - MEDIUM (20 OZ)	720	370	41	29	0	140	410	79	0	74	11	30%	0%	35%	2%	461
VANILLA MALT - LARGE (32 OZ)	1070	540	60	43	0	210	620	119	0	112	17	40%	0%	60%	2%	673
CHOCOLATE MALT - MINI (10 OZ)	530	240	26	19	0	80	270	68	0	46	7	15%	0%	20%	4%	286
CHOCOLATE MALT - SMALL (14 OZ)	630	290	32	23	0	105	330	79	0	57	8	20%	0%	25%	4%	371
CHOCOLATE MALT - MEDIUM (20 OZ)	870	360	40	29	0	135	450	115	0	73	11	25%	0%	35%	6%	515
CHOCOLATE MALT - LARGE (32 OZ)	1460	540	60	43	0	210	760	210	0	112	17	40%	0%	60%	15%	810
STRAWBERRY MALT - MINI (10 OZ)	420	190	21	15	0	80	240	52	1	48	7	15%	15%	20%	0%	266
STRAWBERRY MALT - SMALL (14 OZ)	520	240	26	19	0	105	300	63	1	59	8	20%	15%	25%	0%	351
STRAWBERRY MALT - MEDIUM (20 OZ)	780	370	41	29	0	140	420	95	1	89	11	30%	30%	35%	2%	518
STRAWBERRY MALT - LARGE (32 OZ)	1160	540	60	43	0	210	640	142	2	133	18	40%	50%	60%	4%	758
BANANA MALT - MINI (10 OZ)	540	240	27	19	0	80	240	71	3	58	8	15%	15%	20%	2%	353



Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
BANANA MALT - SMALL (14 OZ)	640	290	32	23	0	105	300	82	3	68	9	20%	15%	25%	2%	438
BANANA MALT - MEDIUM (20 OZ)	890	370	42	30	0	140	410	123	5	98	13	30%	30%	35%	4%	651
BANANA MALT - LARGE (32 OZ)	1330	550	61	43	0	210	630	184	8	146	20	45%	40%	60%	6%	958
PINEAPPLE MALT - MINI (10 OZ)	490	240	26	19	0	80	240	58	0	54	7	15%	20%	20%	0%	286
PINEAPPLE MALT - SMALL (14 OZ)	590	290	32	23	0	105	300	69	0	65	8	20%	20%	25%	0%	372
PINEAPPLE MALT - MEDIUM (20 OZ)	790	370	41	29	0	140	410	97	0	91	11	30%	40%	35%	2%	518
PINEAPPLE MALT - LARGE (32 OZ)	1180	540	60	43	0	210	630	145	0	136	17	40%	60%	60%	2%	758
CARAMEL MALT - MINI (10 OZ)	540	250	27	20	0	85	330	68	0	58	7	15%	0%	20%	0%	286
CARAMEL MALT - SMALL (14 OZ)	640	300	33	24	0	105	390	79	0	68	8	20%	0%	25%	0%	371
CARAMEL MALT - MEDIUM (20 OZ)	900	390	43	31	0	145	580	117	0	98	11	30%	0%	35%	2%	518
CARAMEL MALT - LARGE (32 OZ)	1340	570	64	45	0	225	890	175	0	147	17	40%	0%	60%	2%	758
HOT FUDGE MALT - MINI (10 OZ)	560	270	30	23	0	80	280	64	1	56	7	15%	0%	20%	2%	286
HOT FUDGE MALT - SMALL (14 OZ)	660	320	36	27	0	105	340	75	1	67	8	20%	0%	25%	2%	371
HOT FUDGE MALT - MEDIUM (20 OZ)	930	440	49	36	0	140	490	109	2	95	11	30%	0%	35%	4%	518
HOT FUDGE MALT - LARGE (32 OZ)	1380	650	72	53	0	210	750	164	2	142	17	40%	0%	60%	6%	758
<b>CREAMSLUSH® TREATS</b>																
STRAWBERRY CREAMSLUSH® TREAT - MINI (10 OZ)	400	160	18	13	0	50	160	59	1	56	4	10%	15%	15%	0%	337
STRAWBERRY CREAMSLUSH® TREAT - SMALL (14 OZ)	440	180	20	15	0	55	180	63	1	61	5	10%	15%	15%	0%	362
STRAWBERRY CREAMSLUSH® TREAT - MEDIUM (20 OZ)	640	250	28	21	0	90	280	93	1	88	7	20%	30%	25%	0%	511
STRAWBERRY CREAMSLUSH® TREAT - LARGE (32 OZ)	1150	470	52	37	0	185	560	162	2	155	15	35%	50%	50%	2%	899
ORANGE CREAMSLUSH® TREAT - MINI (10 OZ)	390	160	18	13	0	50	150	55	0	52	4	10%	0%	15%	0%	316
ORANGE CREAMSLUSH® TREAT - SMALL (14 OZ)	420	180	20	15	0	55	180	60	0	57	5	10%	0%	15%	0%	341
ORANGE CREAMSLUSH® TREAT - MEDIUM (20 OZ)	610	250	28	21	0	90	280	85	0	80	7	20%	0%	25%	0%	469
ORANGE CREAMSLUSH® TREAT - LARGE (32 OZ)	1100	470	52	37	0	185	550	151	0	143	14	35%	0%	45%	0%	835
CHERRY CREAMSLUSH® TREAT - MINI (10 OZ)	390	160	18	13	0	50	150	55	0	53	4	10%	0%	15%	0%	316
CHERRY CREAMSLUSH® TREAT - SMALL (14 OZ)	420	180	20	15	0	55	180	60	0	58	5	10%	0%	15%	0%	341
CHERRY CREAMSLUSH® TREAT - MEDIUM (20 OZ)	610	250	28	21	0	90	280	86	0	82	7	20%	0%	25%	0%	469
CHERRY CREAMSLUSH® TREAT - LARGE (32 OZ)	1110	470	52	37	0	185	540	152	0	146	14	35%	0%	45%	0%	835
GRAPE CREAMSLUSH® TREAT - MINI (10 OZ)	380	160	18	13	0	50	160	55	0	53	4	10%	0%	15%	0%	316
GRAPE CREAMSLUSH® TREAT - SMALL (14 OZ)	420	180	20	15	0	55	180	59	0	57	5	10%	0%	15%	0%	341
GRAPE CREAMSLUSH® TREAT - MEDIUM (20 OZ)	610	250	28	21	0	90	280	84	0	79	7	20%	0%	25%	0%	469

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
GRAPE CREAMSLUSH® TREAT - LARGE (32 OZ)	1100	470	52	37	0	185	550	150	0	144	14	35%	0%	45%	0%	835
WATERMELON CREAMSLUSH® TREAT - MINI (10 OZ)	390	160	18	13	0	50	150	55	0	52	4	10%	0%	10%	0%	316
WATERMELON CREAMSLUSH® TREAT - SMALL (14 OZ)	420	180	20	15	0	55	180	60	0	57	5	10%	0%	15%	0%	341
WATERMELON CREAMSLUSH® TREAT - MEDIUM (20 OZ)	610	250	28	21	0	90	280	86	0	80	7	20%	0%	25%	0%	469
WATERMELON CREAMSLUSH® TREAT - LARGE (32 OZ)	1110	470	52	37	0	185	550	152	0	143	14	35%	0%	45%	0%	835
BLUE COCONUT CREAMSLUSH® TREAT - MINI (10 OZ)	380	160	18	13	0	50	150	55	0	52	4	10%	0%	15%	0%	316
BLUE COCONUT CREAMSLUSH® TREAT - SMALL (14 OZ)	420	180	20	15	0	55	180	59	0	56	5	10%	0%	15%	0%	341
BLUE COCONUT CREAMSLUSH® TREAT - MEDIUM (20 OZ)	610	250	28	21	0	90	280	84	0	80	7	20%	0%	25%	2%	469
BLUE COCONUT CREAMSLUSH® TREAT - LARGE (32 OZ)	1100	470	52	37	0	185	540	150	0	142	14	35%	0%	45%	2%	835
LEMON CREAMSLUSH® TREAT - MINI (10 OZ)	390	160	18	13	0	50	150	55	0	52	4	10%	6%	15%	0%	325
LEMON CREAMSLUSH® TREAT - SMALL (14 OZ)	420	180	20	15	0	55	180	60	0	56	5	10%	6%	15%	0%	350
LEMON CREAMSLUSH® TREAT - MEDIUM (20 OZ)	610	250	28	21	0	90	270	86	0	79	7	20%	10%	25%	0%	487
LEMON CREAMSLUSH® TREAT - LARGE (32 OZ)	1100	470	52	37	0	185	540	152	0	141	14	35%	15%	45%	2%	853
LEMONBERRY CREAMSLUSH® TREAT - MINI (10 OZ)	400	160	18	13	0	50	160	59	1	56	4	10%	20%	15%	0%	346

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
LEMONBERRY CREAMSLUSH® TREAT - SMALL (14 OZ)	440	180	20	15	0	55	180	64	1	61	5	10%	20%	15%	0%	371
LEMONBERRY CREAMSLUSH® TREAT - MEDIUM (20 OZ)	640	250	28	21	0	90	280	94	1	89	7	20%	45%	25%	0%	529
LEMONBERRY CREAMSLUSH® TREAT - LARGE (14 OZ)	1150	470	52	37	0	185	560	164	2	155	15	35%	60%	50%	2%	917
LIME CREAMSLUSH® TREAT - MINI (10 OZ)	390	160	18	13	0	50	150	55	0	52	4	10%	4%	15%	0%	323
LIME CREAMSLUSH® TREAT - SMALL (14 OZ)	420	180	20	15	0	55	180	60	0	56	5	10%	4%	15%	0%	348
LIME CREAMSLUSH® TREAT - MEDIUM (20 OZ)	610	250	28	21	0	90	270	86	0	79	7	20%	8%	25%	0%	483
LIME CREAMSLUSH® TREAT - LARGE (32 OZ)	1100	470	52	37	0	185	540	152	0	141	14	35%	10%	45%	2%	853
<b>OLD SCHOOL FLOATS</b>																
COCA-COLA® FLOAT/BLENDED FLOAT - MINI (10 OZ)	300	120	13	9	0	55	150	44	0	42	4	10%	0%	15%	0%	289
COCA-COLA® FLOAT/BLENDED FLOAT - SMALL (14 OZ)	330	130	14	10	0	55	160	49	0	47	4	10%	0%	15%	0%	327
COCA-COLA® FLOAT/BLENDED FLOAT - MEDIUM (20 OZ)	510	200	23	16	0	90	260	72	0	70	7	20%	0%	25%	0%	474
COCA-COLA® FLOAT/BLENDED FLOAT - LARGE (32 OZ)	760	310	35	24	0	140	390	105	0	102	10	30%	0%	35%	0%	675
DIET COKE® FLOAT/BLENDED FLOAT - MINI (10 OZ)	240	120	13	9	0	55	150	27	0	25	4	10%	0%	15%	0%	289
DIET COKE® FLOAT/BLENDED FLOAT - SMALL (14 OZ)	260	130	14	10	0	55	160	29	0	27	4	10%	0%	15%	0%	320
DIET COKE® FLOAT/BLENDED FLOAT - MEDIUM (20 OZ)	410	200	23	16	0	90	260	46	0	43	7	20%	0%	25%	0%	464
DIET COKE® FLOAT/BLENDED FLOAT - LARGE (32 OZ)	630	310	35	24	0	140	400	70	0	66	10	30%	0%	35%	0%	675
*COKE ZERO® FLOAT/BLENDED FLOAT - MINI (10 OZ)	240	120	13	9	0	55	160	27	0	25	4	10%	0%	15%	0%	289
*COKE ZERO® FLOAT/BLENDED FLOAT - SMALL (14 OZ)	260	130	14	10	0	55	180	29	0	27	4	10%	0%	15%	0%	327
*COKE ZERO® FLOAT/BLENDED FLOAT - MEDIUM (20 OZ)	410	200	23	16	0	90	280	46	0	43	7	20%	0%	25%	0%	474
*COKE ZERO® FLOAT/BLENDED FLOAT - LARGE (32 OZ)	630	310	35	24	0	140	420	70	0	66	10	30%	0%	35%	0%	675
*FANTA® ORANGE FLOAT/BLENDED FLOAT - MINI (10 OZ)	310	120	13	9	0	55	150	46	0	44	4	10%	0%	15%	0%	289
*FANTA® ORANGE FLOAT/BLENDED FLOAT - SMALL (14 OZ)	340	130	14	10	0	55	160	51	0	49	4	10%	0%	15%	0%	327
*FANTA® ORANGE FLOAT/BLENDED FLOAT - MEDIUM (20 OZ)	520	200	23	16	0	90	250	75	0	73	7	20%	0%	25%	0%	474
*FANTA® ORANGE FLOAT/BLENDED FLOAT - LARGE (32 OZ)	770	310	35	24	0	140	380	109	0	106	10	30%	0%	35%	0%	675
DR PEPPER® FLOAT/BLENDED FLOAT - MINI (10 OZ)	300	120	13	9	0	55	170	43	0	42	4	10%	0%	15%	0%	289
DR PEPPER® FLOAT/BLENDED FLOAT - SMALL (14 OZ)	320	130	14	10	0	55	180	48	0	46	4	10%	0%	15%	0%	327
DR PEPPER® FLOAT/BLENDED FLOAT - MEDIUM (20 OZ)	500	200	23	16	0	90	280	71	0	69	7	20%	0%	25%	0%	474
DR PEPPER® FLOAT/BLENDED FLOAT - LARGE (32 OZ)	750	310	35	24	0	140	420	104	0	100	10	30%	0%	35%	0%	675
DIET DR PEPPER® FLOAT/BLENDED FLOAT - MINI (10 OZ)	240	120	13	9	0	55	180	27	0	25	4	10%	0%	15%	0%	289
DIET DR PEPPER® FLOAT/BLENDED FLOAT - SMALL (14 OZ)	260	130	14	10	0	55	190	28	0	27	4	10%	0%	15%	0%	320
DIET DR PEPPER® FLOAT/BLENDED FLOAT - MEDIUM (20 OZ)	410	200	23	16	0	90	300	45	0	43	7	20%	0%	25%	0%	464

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
DIET DR PEPPER® FLOAT/BLENDED FLOAT - LARGE (32 OZ)	630	310	35	24	0	140	450	70	0	66	10	30%	0%	35%	0%	675
BARQ'S® ROOT BEER FLOAT/BLENDED FLOAT - MINI (10 OZ)	310	120	13	9	0	55	160	46	0	44	4	10%	0%	15%	0%	289
BARQ'S® ROOT BEER FLOAT/BLENDED FLOAT - SMALL (14 OZ)	340	130	14	10	0	55	170	51	0	50	4	10%	0%	15%	0%	328
BARQ'S® ROOT BEER FLOAT/BLENDED FLOAT - MEDIUM (20 OZ)	520	200	23	16	0	90	270	75	0	73	7	20%	0%	25%	0%	475
BARQ'S® ROOT BEER FLOAT/BLENDED FLOAT - LARGE (32 OZ)	770	310	35	24	0	140	420	109	0	106	10	30%	0%	35%	0%	675
SPRITE® FLOAT/BLENDED FLOAT - MINI (10 OZ)	300	120	13	9	0	55	160	43	0	42	4	10%	0%	15%	0%	289
SPRITE® FLOAT/BLENDED FLOAT - SMALL (14 OZ)	330	130	14	10	0	55	170	48	0	47	4	10%	0%	15%	0%	327
SPRITE® FLOAT/BLENDED FLOAT - MEDIUM (20 OZ)	510	200	23	16	0	90	270	72	0	69	7	20%	0%	25%	0%	474
SPRITE® FLOAT/BLENDED FLOAT - LARGE (32 OZ)	760	310	35	24	0	140	410	104	0	101	10	30%	0%	35%	0%	675
SPRITE ZERO® FLOAT/BLENDED FLOAT - MINI (10 OZ)	240	120	13	9	0	55	150	27	0	25	4	10%	0%	15%	0%	289
SPRITE ZERO® FLOAT/BLENDED FLOAT - SMALL (14 OZ)	260	130	14	10	0	55	160	28	0	27	4	10%	0%	15%	0%	327
SPRITE ZERO® FLOAT/BLENDED FLOAT - MEDIUM (20 OZ)	410	200	23	16	0	90	260	45	0	43	7	20%	0%	25%	0%	474
SPRITE ZERO® FLOAT/BLENDED FLOAT - LARGE (14OZ)	630	310	35	24	0	140	390	70	0	66	10	30%	0%	35%	0%	675
<b>DESSERTS</b>																
BANANA SPLIT	490	160	18	13	0	70	210	76	2	53	6	15%	35%	20%	4%	309

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
<b>SINGLE TOPPING SUNDAES</b>																
HOT FUDGE	520	240	27	20	0	80	280	63	1	54	6	15%	0%	20%	2%	247
STRAWBERRY	410	180	20	14	0	80	230	52	1	48	6	15%	20%	20%	4%	240
CHOCOLATE	500	200	22	16	0	80	260	69	0	41	6	15%	0%	20%	0%	249
PINEAPPLE	440	200	22	16	0	80	230	55	0	51	6	15%	25%	20%	0%	246
CARAMEL	510	210	23	17	0	85	340	69	0	57	6	15%	0%	20%	0%	249
NUTS ADD-ON	20	15	1.5	0	0	0	0	1	0	0	1	0%	0%	0%	0%	3.5
<b>CONE AND DISH</b>																
VANILLA CONE	250	120	13	9	0	50	150	31	0	24	4	10%	0%	15%	0%	133
VANILLA DISH	240	120	13	9	0	55	140	26	0	25	4	10%	0%	15%	0%	131
<b>REAL FRUIT SLUSHES</b>																
LEMON REAL FRUIT SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	25	45	0	43	0	0%	8%	0%	0%	344
LEMON REAL FRUIT SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	52	0	50	0	0%	8%	0%	0%	399
LEMON REAL FRUIT SLUSH - MEDIUM (20 OZ)	290	0	0	0	0	0	45	77	0	72	0	0%	15%	0%	2%	577
LEMON REAL FRUIT SLUSH - LARGE (32 OZ)	450	0	0	0	0	0	70	122	0	115	0	0%	20%	0%	2%	921
LEMON REAL FRUIT SLUSH - RT 44® (44 OZ)	620	0	0	0	0	0	95	167	1	158	0	0%	30%	0%	2%	1265
LEMONBERRY REAL FRUIT SLUSH - WACKY PACK® (12 OZ)	160	0	0	0	0	0	25	44	0	43	0	0%	15%	0%	0%	345
LEMONBERRY REAL FRUIT SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	51	0	50	0	0%	15%	0%	0%	401
LEMONBERRY REAL FRUIT SLUSH - MEDIUM (20 OZ)	280	0	0	0	0	0	45	75	1	73	1	0%	35%	0%	0%	580
LEMONBERRY REAL FRUIT SLUSH - LARGE (32 OZ)	440	0	0	0	0	0	75	119	1	116	0	0%	50%	0%	0%	925
LEMONBERRY REAL FRUIT SLUSH - RT 44® (44 OZ)	610	0	0	0	0	0	100	163	2	160	1	0%	70%	2%	2%	1271
LIME REAL FRUIT SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	25	45	0	43	0	0%	4%	0%	0%	342
LIME REAL FRUIT SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	52	0	50	0	0%	4%	0%	0%	397
LIME REAL FRUIT SLUSH - MEDIUM (20 OZ)	290	0	0	0	0	0	45	76	0	72	0	0%	8%	0%	2%	573
LIME REAL FRUIT SLUSH - LARGE (32 OZ)	450	0	0	0	0	0	70	121	0	115	0	0%	10%	0%	2%	915

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
LIME REAL FRUIT SLUSH - RT 44® (44 OZ)	620	0	0	0	0	0	95	166	1	158	0	0%	15%	0%	2%	1257
STRAWBERRY REAL FRUIT SLUSH - WACKY PACK® (12 OZ)	160	0	0	0	0	0	25	43	0	43	0	0%	10%	0%	0%	336
STRAWBERRY REAL FRUIT SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	50	0	50	0	0%	10%	0%	0%	392
STRAWBERRY REAL FRUIT SLUSH - MEDIUM (20 OZ)	280	0	0	0	0	0	45	73	1	73	0	0%	20%	0%	0%	562
STRAWBERRY REAL FRUIT SLUSH - LARGE (32 OZ)	440	0	0	0	0	0	75	117	1	116	0	0%	30%	0%	0%	898
STRAWBERRY REAL FRUIT SLUSH - RT 44® (44 OZ)	600	0	0	0	0	0	100	160	2	159	0	0%	40%	2%	2%	1235
<b>FAMOUS SLUSHES</b>																
MINUTE MAID® CRANBERRY** SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	25	45	0	45	0	0%	15%	0%	0%	335
MINUTE MAID® CRANBERRY** SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	51	0	51	0	0%	15%	0%	0%	391
MINUTE MAID® CRANBERRY** SLUSH - MED. (20 OZ)	280	0	0	0	0	0	45	76	0	76	0	0%	35%	0%	0%	560
MINUTE MAID® CRANBERRY** SLUSH - LARGE (32 OZ)	450	0	0	0	0	0	70	121	0	120	0	0%	50%	0%	0%	895
MINUTE MAID® CRANBERRY** SLUSH - RT 44® (44 OZ)	620	0	0	0	0	0	95	165	0	165	0	0%	70%	0%	0%	1231
CHERRY SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	25	45	0	45	0	0%	0%	0%	0%	335
CHERRY SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	52	0	52	0	0%	0%	0%	0%	391
CHERRY SLUSH - MEDIUM (20 OZ)	290	0	0	0	0	0	45	77	0	77	0	0%	0%	0%	0%	560
CHERRY SLUSH - LARGE (32 OZ)	460	0	0	0	0	0	70	122	0	122	0	0%	0%	0%	0%	895
CHERRY SLUSH - RT 44® (44 OZ)	630	0	0	0	0	0	100	168	0	167	0	0%	0%	0%	0%	1231
GRAPE SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	30	44	0	44	0	0%	0%	0%	0%	335
GRAPE SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	35	51	0	51	0	0%	0%	0%	0%	391
GRAPE SLUSH - MEDIUM (20 OZ)	280	0	0	0	0	0	50	75	0	75	0	0%	0%	0%	0%	560
GRAPE SLUSH - LARGE (32 OZ)	450	0	0	0	0	0	80	119	0	119	0	0%	0%	0%	0%	895
GRAPE SLUSH - RT 44® (44 OZ)	610	0	0	0	0	0	110	163	0	163	0	0%	2%	0%	0%	1230
ORANGE SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	25	45	0	45	0	0%	0%	0%	0%	335
ORANGE SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	51	0	51	0	0%	0%	0%	0%	390

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
ORANGE SLUSH - MEDIUM (20 OZ)	290	0	0	0	0	0	45	76	0	76	0	0%	0%	0%	0%	559
ORANGE SLUSH - LARGE (32 OZ)	450	0	0	0	0	0	75	120	0	120	0	0%	0%	0%	0%	894
ORANGE SLUSH - RT 44® (44 OZ)	620	0	0	0	0	0	100	165	0	165	0	0%	0%	0%	0%	1229
BLUE COCONUT SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	25	44	0	43	0	0%	0%	0%	0%	335
BLUE COCONUT SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	51	0	50	0	0%	0%	0%	0%	390
BLUE COCONUT SLUSH - MEDIUM (20 OZ)	280	0	0	0	0	0	45	75	0	73	0	0%	0%	0%	2%	559
BLUE COCONUT SLUSH - LARGE (32 OZ)	450	0	0	0	0	0	70	119	0	116	0	0%	0%	0%	2%	894
BLUE COCONUT SLUSH - RT 44® (44 OZ)	610	0	0	0	0	0	95	163	0	160	0	0%	0%	0%	2%	1229
WATERMELON SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	25	45	0	45	0	0%	0%	0%	0%	335
WATERMELON SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	52	0	52	0	0%	0%	0%	0%	391
WATERMELON SLUSH - MEDIUM (20 OZ)	290	0	0	0	0	0	45	77	0	77	0	0%	0%	0%	0%	560
WATERMELON SLUSH - LARGE (32 OZ)	460	0	0	0	0	0	75	122	0	122	0	0%	0%	0%	0%	895
WATERMELON SLUSH - RT 44® (44 OZ)	630	0	0	0	0	0	100	168	0	168	0	0%	0%	0%	0%	1231
*GREEN APPLE SLUSH - WACKY PACK® (12 OZ)	180	0	0	0	0	0	25	47	0	45	0	0%	0%	0%	0%	336
*GREEN APPLE SLUSH - SMALL (14 OZ)	200	0	0	0	0	0	30	54	0	52	0	0%	0%	0%	0%	391
*GREEN APPLE SLUSH - MEDIUM (20 OZ)	300	0	0	0	0	0	45	80	0	77	0	0%	0%	0%	0%	561
*GREEN APPLE SLUSH - LARGE (32 OZ)	480	0	0	0	0	0	75	127	0	122	0	0%	0%	0%	0%	897
*GREEN APPLE SLUSH - RT 44® (44 OZ)	660	0	0	0	0	0	100	174	0	167	0	0%	0%	0%	0%	1233
<b>BREAKFAST ITEMS</b>																
BREAKFAST TOASTER® - SAUSAGE, EGG & CHEESE	630	350	39	13	0	340	1510	52	2	7	27	15%	4%	30%	30%	234
BREAKFAST TOASTER® - BACON, EGG & CHEESE	540	260	29	10	0	320	1570	52	2	7	27	15%	4%	30%	30%	207
*BREAKFAST TOASTER® - HAM, EGG & CHEESE	560	220	25	8	0	330	2360	54	2	9	37	15%	4%	30%	25%	300
BREAKFAST BURRITO - SAUSAGE, EGG & CHEESE	450	250	28	11	0	305	1460	36	1	2	22	15%	0%	35%	20%	189
BREAKFAST BURRITO - BACON, EGG & CHEESE	430	220	25	10	0	300	1550	36	1	2	23	15%	0%	30%	20%	178
*BREAKFAST BURRITO - HAM, EGG & CHEESE	480	210	23	9	0	315	2470	38	1	3	35	15%	0%	30%	20%	279
SuperSONIC® BREAKFAST BURRITO	540	300	33	12	0.5	305	1910	46	3	2	23	20%	4%	35%	25%	259

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
CroisSONIC® BREAKFAST SANDWICH - BACON, EGG & CHEESE	510	350	39	15	0	320	1480	28	0	4	24	25%	0%	20%	15%	174
CroisSONIC® BREAKFAST SANDWICH - SAUSAGE, EGG & CHEESE	600	440	49	18	0	340	1420	28	0	4	24	25%	0%	20%	20%	201
*CroisSONIC® BREAKFAST SANDWICH - HAM, EGG & CHEESE	520	320	35	13	0	330	2270	29	0	6	33	25%	0%	20%	15%	267
ULTIMATE MEAT & CHEESE BREAKFAST BURRITO™	820	540	60	19	1.5	390	2030	43	2	2	40	15%	2%	35%	40%	293
*FIESTA STEAK BREAKFAST BURRITO	610	320	35	13	1	330	1990	49	3	3	35	25%	10%	35%	40%	310
STEAK & EGG BREAKFAST BURRITO	550	280	31	12	1	330	1520	41	2	2	35	15%	0%	35%	40%	240
*BREAKFAST BAGEL SANDWICH WITH SAUSAGE	630	290	32	12	0	340	1730	68	2	5	31	15%	0%	25%	35%	252
*BREAKFAST BAGEL SANDWICH WITH BACON	550	200	22	9	0	320	1790	68	2	5	31	15%	0%	25%	30%	225
*BREAKFAST BAGEL SANDWICH WITH HAM	560	160	18	6	0	330	2580	69	2	7	40	15%	0%	25%	30%	318
*BISCUIT SANDWICH WITH SAUSAGE	530	370	41	18	0	340	1690	30	1	2	24	15%	0%	20%	20%	201
*BISCUIT SANDWICH WITH BACON	450	280	31	15	0	320	1750	30	1	2	24	15%	0%	15%	15%	174
*BISCUIT SANDWICH WITH HAM	460	240	27	12	0	330	2540	31	1	4	33	15%	0%	15%	15%	267
FRENCH TOAST STICKS (4)	480	230	25	4.5	0	0	460	54	3	12	8	0%	2%	15%	15%	120
JR. BREAKFAST BURRITO	260	140	16	6	0	130	820	23	0	0	12	8%	0%	20%	15%	102
SYRUP	90	0	0	0	0	0	0	22	0	15	0	0%	0%	0%	0%	28
<b>PREMIUM ROAST COFFEES</b>																
COFFEE - REGULAR (14 OZ)	10	0	0	0	0	0	35	2	1	0	1	0%	0%	2%	0%	415
COFFEE - LARGE (20 OZ)	15	0	0	0	0	0	50	3	1	0	1	0%	0%	2%	0%	593
JAVA CHILLER, CARAMEL (10 OZ)	430	200	22	16	0	65	250	52	0	44	5	15%	0%	15%	0%	205



Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
JAVA CHILLER, CARAMEL (14 OZ)	750	340	38	28	0	130	470	92	0	80	10	25%	0%	30%	0%	374
JAVA CHILLER, CARAMEL (20 OZ)	910	390	43	31	0	150	600	119	0	99	11	30%	0%	35%	0%	443
JAVA CHILLER, CARAMEL (32 OZ)	1210	500	56	40	0	200	820	161	1	133	15	35%	0%	45%	0%	591
JAVA CHILLER, MOCHA (10 OZ)	460	190	21	16	0	65	220	61	0	35	5	15%	0%	15%	4%	219
JAVA CHILLER, MOCHA (14 OZ)	780	330	37	27	0	125	410	102	0	65	10	25%	0%	30%	6%	388
JAVA CHILLER, MOCHA (20 OZ)	890	360	41	29	0	140	470	119	0	72	11	30%	0%	35%	6%	443
JAVA CHILLER, MOCHA (32 OZ)	1180	470	52	37	0	185	630	162	1	94	15	35%	0%	45%	10%	591
JAVA CHILLER, MOCHA/CARAMEL (10 OZ)	570	200	23	17	0	70	330	85	0	50	5	15%	0%	15%	4%	254
JAVA CHILLER, MOCHA/CARAMEL (14 OZ)	850	340	38	28	0	130	500	116	0	80	10	25%	0%	30%	4%	409
JAVA CHILLER, MOCHA/CARAMEL (20 OZ)	1090	390	43	31	0	150	670	161	0	99	11	30%	0%	35%	6%	507
JAVA CHILLER, MOCHA/CARAMEL (32 OZ)	1470	500	56	40	0	200	920	222	1	133	15	35%	0%	45%	10%	683
SONIC BOOM® ESPRESSO SHOT	5	0	0	0	0	0	5	1	0	0	0	0%	0%	0%	0%	4
<b>SOFT DRINKS</b>																
COCA-COLA® - WACKY PACK® (12 OZ)	110	0	0	0	0	0	5	30	0	30	0	0%	0%	0%	0%	277
COCA-COLA® - SMALL (14 OZ)	140	0	0	0	0	0	10	39	0	39	0	0%	0%	0%	0%	354
COCA-COLA® - MEDIUM (20 OZ)	170	0	0	0	0	0	10	47	0	47	0	0%	0%	0%	0%	431
COCA-COLA® - LARGE (32 OZ)	270	0	0	0	0	0	15	74	0	74	0	0%	0%	0%	0%	678
COCA-COLA® - RT 44® (44 OZ)	370	0	0	0	0	0	20	101	0	101	0	0%	0%	0%	0%	924
DIET COKE® - WACKY PACK® (12 OZ)	0	0	0	0	0	0	10	0	0	0	0	0%	0%	0%	0%	266
DIET COKE® - SMALL (14 OZ)	0	0	0	0	0	0	15	0	0	0	0	0%	0%	0%	0%	340
DIET COKE® - MEDIUM (20 OZ)	0	0	0	0	0	0	20	0	0	0	0	0%	0%	0%	0%	414
DIET COKE® - LARGE (32 OZ)	0	0	0	0	0	0	30	0	0	0	0	0%	0%	0%	0%	651
DIET COKE® - RT 44® (44 OZ)	0	0	0	0	0	0	40	0	0	0	0	0%	0%	0%	0%	887

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
COKE ZERO® - WACKY PACK® (12 OZ)	0	0	0	0	0	0	40	0	0	0	0	0%	0%	0%	0%	344
COKE ZERO® - SMALL (14 OZ)	0	0	0	0	0	0	40	0	0	0	0	0%	0%	0%	0%	354
COKE ZERO® - MEDIUM (20 OZ)	0	0	0	0	0	0	50	0	0	0	0	0%	0%	0%	0%	431
COKE ZERO® - LARGE (32 OZ)	0	0	0	0	0	0	75	0	0	0	0	0%	0%	0%	0%	678
COKE ZERO® - ROUTE 44® (44 OZ)	5	0	0	0	0	0	105	0	0	0	0	0%	0%	0%	0%	924
DIET DR PEPPER® - WACKY PACK® (12 OZ)	0	0	0	0	0	0	55	0	0	0	0	0%	0%	0%	0%	266
DIET DR PEPPER® - SMALL (14 OZ)	0	0	0	0	0	0	70	0	0	0	0	0%	0%	0%	0%	340
DIET DR PEPPER® - MEDIUM (20 OZ)	0	0	0	0	0	0	85	0	0	0	0	0%	0%	0%	0%	414
DIET DR PEPPER® - LARGE (32 OZ)	0	0	0	0	0	0	135	0	0	0	0	0%	0%	0%	0%	651
DIET DR PEPPER® - RT 44® (44 OZ)	0	0	0	0	0	0	190	0	0	0	0	0%	0%	0%	0%	888
DR PEPPER® - WACKY PACK® (12 OZ)	100	0	0	0	0	0	35	29	0	29	0	0%	0%	0%	0%	278
DR PEPPER® - SMALL (14 OZ)	130	0	0	0	0	0	45	37	0	37	0	0%	0%	0%	0%	355
DR PEPPER® - MEDIUM (20 OZ)	160	0	0	0	0	0	50	45	0	45	0	0%	0%	0%	0%	432
DR PEPPER® - LARGE (32 OZ)	250	0	0	0	0	0	80	71	0	71	0	0%	0%	0%	0%	679
DR PEPPER® - RT 44® (44 OZ)	340	0	0	0	0	0	110	97	0	97	0	0%	0%	0%	0%	926
SPRITE® - WACKY PACK® (12 OZ)	110	0	0	0	0	0	25	29	0	29	0	0%	0%	0%	0%	277
SPRITE® - SMALL (14 OZ)	140	0	0	0	0	0	30	37	0	37	0	0%	0%	0%	0%	354

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
SPRITE® - MEDIUM (20 OZ)	170	0	0	0	0	0	40	45	0	45	0	0%	0%	0%	0%	431
SPRITE® - LARGE (32 OZ)	270	0	0	0	0	0	60	71	0	71	0	0%	0%	0%	0%	677
SPRITE® - RT 44® (44 OZ)	360	0	0	0	0	0	80	97	0	97	0	0%	0%	0%	0%	923
SPRITE ZERO® - WACKY PACK® (12 OZ)	5	0	0	0	0	0	5	0	0	0	0	0%	0%	0%	0%	266
SPRITE ZERO® - SMALL (14 OZ)	5	0	0	0	0	0	10	0	0	0	0	0%	0%	0%	0%	340
SPRITE ZERO® - MEDIUM (20 OZ)	5	0	0	0	0	0	10	0	0	0	0	0%	0%	0%	0%	414
SPRITE ZERO® - LARGE (32 OZ)	5	0	0	0	0	0	15	0	0	0	0	0%	0%	0%	0%	651
SPRITE ZERO® - RT 44® (44 OZ)	10	0	0	0	0	0	20	0	0	0	0	0%	0%	0%	0%	888
BARQ'S® ROOT BEER - WACKY PACK® (12 OZ)	130	0	0	0	0	0	25	34	0	34	0	0%	0%	0%	0%	281
BARQ'S® ROOT BEER - SMALL (14 OZ)	160	0	0	0	0	0	35	43	0	43	0	0%	0%	0%	0%	356
BARQ'S® ROOT BEER - MEDIUM (20 OZ)	190	0	0	0	0	0	40	52	0	52	0	0%	0%	0%	0%	433
BARQ'S® ROOT BEER - LARGE (32 OZ)	310	0	0	0	0	0	65	82	0	82	0	0%	0%	0%	0%	681
BARQ'S® ROOT BEER - RT 44® (44 OZ)	420	0	0	0	0	0	90	112	0	112	0	0%	0%	0%	0%	928
HI-C® FRUIT PUNCH - WACKY PACK® (12 OZ)	120	0	0	0	0	0	10	31	0	31	0	0%	110%	0%	0%	278
HI-C® FRUIT PUNCH - SMALL (14 OZ)	150	0	0	0	0	0	15	40	0	40	0	0%	140%	0%	0%	356
HI-C® FRUIT PUNCH - MEDIUM (20 OZ)	180	0	0	0	0	0	15	49	0	49	0	0%	170%	0%	0%	432
HI-C® FRUIT PUNCH - LARGE (32 OZ)	290	0	0	0	0	0	25	77	0	77	0	0%	270%	0%	0%	679
HI-C® FRUIT PUNCH - RT 44® (44 OZ)	390	0	0	0	0	0	35	105	0	105	0	0%	370%	0%	0%	926
MINUTE MAID® LEMONADE - WACKY PACK® (12 OZ)	140	0	0	0	0	0	55	36	0	36	0	0%	0%	0%	0%	344
MINUTE MAID® LEMONADE - SMALL (14 OZ)	140	0	0	0	0	0	60	37	0	37	0	0%	0%	0%	0%	354
MINUTE MAID® LEMONADE - MEDIUM (20 OZ)	170	0	0	0	0	0	70	45	0	45	0	0%	0%	0%	0%	431
MINUTE MAID® LEMONADE - LARGE (32 OZ)	270	0	0	0	0	0	115	71	0	71	0	0%	0%	0%	0%	678
MINUTE MAID® LEMONADE - RT 44® (44 OZ)	360	0	0	0	0	0	150	97	0	97	0	0%	0%	0%	0%	924
FANTA® ORANGE - WACKY PACK (12 OZ)	120	0	0	0	0	0	5	33	0	33	0	0%	0%	0%	0%	269
FANTA® ORANGE - SMALL (14 OZ)	150	0	0	0	0	0	10	42	0	42	0	0%	0%	0%	0%	344
FANTA® ORANGE - MEDIUM (20 OZ)	190	0	0	0	0	0	10	51	0	51	0	0%	0%	0%	0%	418
FANTA® ORANGE - LARGE (32 OZ)	290	0	0	0	0	0	15	80	0	80	0	0%	0%	0%	0%	657
FANTA® ORANGE - RT 44® ( 44 OZ)	400	0	0	0	0	0	20	109	0	109	0	0%	0%	0%	0%	896
*MELLO YELLO® - WACKY PACK® (12 OZ)	120	0	0	0	0	0	10	33	0	33	0	0%	0%	0%	0%	278
*MELLO YELLO® - SMALL (14 OZ)	150	0	0	0	0	0	10	42	0	42	0	0%	0%	0%	0%	357
*MELLO YELLO® - MEDIUM (20 OZ)	190	0	0	0	0	0	15	51	0	51	0	0%	0%	0%	0%	432

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
*MELLO YELLO® - LARGE (32 OZ)	290	0	0	0	0	0	20	80	0	80	0	0%	0%	0%	0%	678
*MELLO YELLO® - RT 44® (44 OZ)	400	0	0	0	0	0	30	109	0	109	0	0%	0%	0%	0%	925
<b>MINUTE MAID® JUICES</b>																
MINUTE MAID® CRANBERRY** - WACKY PACK® (12 OZ)	130	0	0	0	0	0	15	36	0	35	0	0%	110%	0%	0%	279
MINUTE MAID® CRANBERRY** - REGULAR (14 OZ)	150	0	0	0	0	0	20	40	0	39	0	0%	120%	0%	0%	310
MINUTE MAID® CRANBERRY** - LARGE (20 OZ)	210	0	0	0	0	0	25	56	0	54	0	0%	180%	0%	0%	435
MINUTE MAID® ORANGE JUICE - WACKY PACK® (12 OZ)	130	0	0	0	0	0	20	30	0	27	2	0%	150%	2%	0%	282
MINUTE MAID® ORANGE JUICE - REGULAR (14 OZ)	140	0	0	0	0	0	20	33	0	29	2	0%	160%	2%	0%	305
*MINUTE MAID® ORANGE JUICE - LARGE (20 OZ)	200	0	0	0	0	0	30	48	0	42	3	0%	230%	4%	0%	440
MINUTE MAID® APPLE JUICE BOX	100	0	0	0	0	0	15	23	0	21	0	0%	100%	10%	0%	191
<b>ICED TEAS</b>																
ICED TEA - WACKY PACK® (12 OZ)	5	0	0	0	0	0	10	1	0	0	0	0%	0%	0%	0%	266
ICED TEA - SMALL (14 OZ)	5	0	0	0	0	0	10	1	0	0	0	0%	0%	0%	0%	340
ICED TEA - MEDIUM (20 OZ)	5	0	0	0	0	0	10	1	0	0	0	0%	0%	0%	0%	414
ICED TEA - LARGE (32 OZ)	5	0	0	0	0	0	20	2	0	0	0	0%	0%	0%	0%	651
ICED TEA - RT 44® (44 OZ)	10	0	0	0	0	0	25	3	0	0	0	0%	0%	0%	0%	887
SWEET ICED TEA - WACKY PACK® (12 OZ)	120	0	0	0	0	0	5	31	0	30	0	0%	0%	0%	0%	277

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
SWEET ICED TEA - SMALL (14 OZ)	150	0	0	0	0	0	10	39	0	38	0	0%	0%	0%	0%	354
SWEET ICED TEA - MEDIUM (20 OZ)	180	0	0	0	0	0	10	48	0	47	0	0%	0%	0%	0%	431
SWEET ICED TEA - LARGE (32 OZ)	290	0	0	0	0	0	20	75	0	73	0	0%	0%	0%	0%	678
SWEET ICED TEA - RT 44® (44 OZ)	400	0	0	0	0	0	25	103	0	100	0	0%	0%	0%	0%	924
RASPBERRY ICED TEA - WACKY PACK® (12 OZ)	5	0	0	0	0	0	15	1	0	0	0	0%	0%	0%	0%	266
RASPBERRY ICED TEA - SMALL (14 OZ)	5	0	0	0	0	0	15	1	0	0	0	0%	0%	0%	0%	340
RASPBERRY ICED TEA - MEDIUM (20 OZ)	5	0	0	0	0	0	25	2	0	0	0	0%	0%	0%	0%	414
RASPBERRY ICED TEA - LARGE (32 OZ)	10	0	0	0	0	0	40	2	0	0	0	0%	2%	0%	0%	651
RASPBERRY ICED TEA - RT 44® (44 OZ)	10	0	0	0	0	0	50	3	1	0	0	0%	2%	0%	0%	887
PEACH ICED TEA - WACKY PACK® (12 OZ)	5	0	0	0	0	0	15	1	0	0	0	0%	0%	0%	0%	266
PEACH ICED TEA - SMALL (14 OZ)	5	0	0	0	0	0	15	1	0	0	0	0%	0%	0%	0%	340
PEACH ICED TEA - MEDIUM (20 OZ)	5	0	0	0	0	0	25	1	0	0	0	0%	0%	0%	0%	414
PEACH ICED TEA - LARGE (32 OZ)	10	0	0	0	0	0	40	2	0	0	0	0%	0%	0%	0%	651
PEACH ICED TEA - RT 44® (44 OZ)	10	0	0	0	0	0	55	3	0	0	0	0%	0%	0%	0%	887
CRANBERRY** TEA - WACKY PACK® (12 OZ)	20	0	0	0	0	0	10	6	0	5	0	0%	15%	0%	0%	267
CRANBERRY** TEA - SMALL (14 OZ)	20	0	0	0	0	0	10	6	0	5	0	0%	15%	0%	0%	341
CRANBERRY** TEA - MEDIUM (20 OZ)	40	0	0	0	0	0	15	11	0	10	0	0%	30%	0%	0%	416
CRANBERRY** TEA - LARGE (32 OZ)	60	0	0	0	0	0	25	17	0	15	0	0%	45%	0%	0%	655
CRANBERRY** TEA - RT 44® (44 OZ)	80	0	0	0	0	0	35	23	0	19	0	0%	60%	0%	0%	892
*GREEN TEA - WACKY PACK® (12 OZ)	90	0	0	0	0	0	10	24	0	23	0	0%	110%	0%	0%	251
*GREEN TEA - SMALL (14 OZ)	110	0	0	0	0	0	10	32	0	30	0	0%	150%	0%	0%	325
*GREEN TEA - MEDIUM (20 OZ)	140	0	0	0	0	0	10	37	0	36	0	0%	170%	0%	0%	384
*GREEN TEA - LARGE (32 OZ)	210	0	0	0	0	0	20	59	0	56	0	0%	270%	0%	0%	606
*GREEN TEA - ROUTE 44® (44 OZ)	290	0	0	0	0	0	25	80	0	77	0	0%	370%	0%	0%	827
*DIET GREEN TEA - WACKY PACK® (12 OZ)	0	0	0	0	0	0	5	0	0	0	0	0%	0%	0%	0%	251
*DIET GREEN TEA - SMALL (14 OZ)	5	0	0	0	0	0	10	0	0	0	0	0%	0%	0%	0%	325
*DIET GREEN TEA - MEDIUM (20 OZ)	5	0	0	0	0	0	10	0	0	0	0	0%	0%	0%	0%	384
*DIET GREEN TEA - LARGE (32 OZ)	5	0	0	0	0	0	20	1	0	1	0	0%	0%	0%	0%	606
*DIET GREEN TEA - ROUTE 44® (44 OZ)	10	0	0	0	0	0	25	1	0	1	0	0%	0%	0%	0%	827
<b>BOTTLED WATER</b>																
SONIC WAVE® (16.9 OZ)	0	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
<b>LIMEADES</b>																
LIMEADE - WACKY PACK® (12 OZ)	110	0	0	0	0	0	25	30	0	29	0	0%	4%	0%	0%	284
LIMEADE - SMALL (14 OZ)	140	0	0	0	0	0	30	38	0	37	0	0%	4%	0%	0%	361
LIMEADE - MEDIUM (20 OZ)	170	0	0	0	0	0	40	47	0	46	0	0%	8%	0%	0%	445
LIMEADE - LARGE (32 OZ)	270	0	0	0	0	0	60	73	0	72	0	0%	8%	0%	0%	691
LIMEADE - RT 44® (44 OZ)	370	0	0	0	0	0	85	100	0	98	0	0%	15%	0%	0%	951
LOW-CAL DIET LIME LIMEADE - WACKY PACK® (12 OZ)	5	0	0	0	0	0	5	1	0	0	0	0%	4%	0%	0%	273
LOW-CAL DIET LIME LIMEADE - SMALL (14 OZ)	5	0	0	0	0	0	10	1	0	0	0	0%	4%	0%	0%	347
LOW-CAL DIET LIME LIMEADE - MEDIUM (20 OZ)	10	0	0	0	0	0	10	1	0	0	0	0%	8%	0%	0%	428
LOW-CAL DIET LIME LIMEADE - LARGE (32 OZ)	10	0	0	0	0	0	15	1	0	0	0	0%	8%	0%	0%	665
LOW-CAL DIET LIME LIMEADE - RT 44® (44 OZ)	15	0	0	0	0	0	25	2	0	0	0	0%	15%	0%	0%	916
CHERRY LIMEADE - WACKY PACK® (12 OZ)	140	0	0	0	0	0	30	37	0	36	0	0%	4%	0%	0%	290
CHERRY LIMEADE - SMALL (14 OZ)	170	0	0	0	0	0	35	45	0	44	0	0%	4%	0%	0%	367
CHERRY LIMEADE - MEDIUM (20 OZ)	220	0	0	0	0	0	45	59	0	57	0	0%	8%	0%	0%	453
CHERRY LIMEADE - LARGE (32 OZ)	340	0	0	0	0	0	65	91	0	88	0	0%	10%	0%	0%	707
CHERRY LIMEADE - RT 44® (44 OZ)	460	0	0	0	0	0	90	122	0	120	0	0%	15%	0%	0%	962
LOW-CAL DIET CHERRY+ LIMEADE - WACKY PACK® (12 OZ)	10	0	0	0	0	0	10	2	0	1	0	0%	4%	0%	0%	277
LOW-CAL DIET CHERRY+ LIMEADE - SMALL (14 OZ)	10	0	0	0	0	0	10	2	0	1	0	0%	4%	0%	0%	350
LOW-CAL DIET CHERRY+ LIMEADE - MEDIUM (20 OZ)	15	0	0	0	0	0	15	3	0	1	0	0%	8%	0%	0%	432
LOW-CAL DIET CHERRY+ LIMEADE - LARGE (32 OZ)	20	0	0	0	0	0	25	4	0	1	0	0%	10%	0%	0%	676
LOW-CAL DIET CHERRY+ LIMEADE - RT 44® (44 OZ)	25	0	0	0	0	0	30	4	0	1	0	0%	15%	0%	0%	920
STRAWBERRY LIMEADE - WACKY PACK® (12 OZ)	120	0	0	0	0	0	25	33	0	32	0	0%	15%	0%	0%	286
STRAWBERRY LIMEADE - SMALL (14 OZ)	150	0	0	0	0	0	35	41	0	40	0	0%	15%	0%	0%	363
STRAWBERRY LIMEADE - MEDIUM (20 OZ)	200	0	0	0	0	0	45	53	1	51	1	0%	25%	0%	2%	449

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
STRAWBERRY LIMEADE - LARGE (32 OZ)	310	0	0	0	0	0	70	83	1	80	1	0%	40%	2%	0%	704
STRAWBERRY LIMEADE - RT 44® (44 OZ)	420	0	0	0	0	0	95	112	2	109	1	0%	50%	2%	2%	959
MINUTE MAID® CRANBERRY** LIMEADE - WACKY PACK® (12 OZ)	120	0	0	0	0	0	25	33	0	32	0	0%	15%	0%	0%	284
MINUTE MAID® CRANBERRY** LIMEADE - SMALL (14 OZ)	150	0	0	0	0	0	35	41	0	41	0	0%	15%	0%	0%	361
MINUTE MAID® CRANBERRY** LIMEADE - MEDIUM (20 OZ)	200	0	0	0	0	0	40	53	0	52	0	0%	30%	0%	0%	445
MINUTE MAID® CRANBERRY** LIMEADE - LARGE (32 OZ)	310	0	0	0	0	0	65	83	0	81	0	0%	50%	0%	0%	698
MINUTE MAID® CRANBERRY** LIMEADE - RT 44® (44 OZ)	420	0	0	0	0	0	90	113	0	110	0	0%	60%	0%	0%	951
<b>POWERADE® DRINKS &amp; SLUSHES</b>																
POWERADE® MOUNTAIN BLAST® - WACKY PACK® (12 OZ)	70	0	0	0	0	0	60	19	0	19	0	0%	0%	0%	0%	273
POWERADE® MOUNTAIN BLAST® - SMALL (14 OZ)	90	0	0	0	0	0	75	24	0	24	0	0%	0%	0%	0%	349
POWERADE® MOUNTAIN BLAST® - MED. (20 OZ)	110	0	0	0	0	0	95	30	0	30	0	0%	0%	0%	0%	425
POWERADE® MOUNTAIN BLAST® - LARGE (32 OZ)	180	0	0	0	0	0	150	47	0	47	0	0%	0%	0%	0%	668
POWERADE® MOUNTAIN BLAST® - RT 44® (44 OZ)	240	0	0	0	0	0	200	64	0	64	0	0%	0%	0%	0%	912
POWERADE® MOUNTAIN BLAST® SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	45	46	0	46	0	0%	0%	0%	0%	336
POWERADE® MOUNTAIN BLAST® SLUSH - SMALL (14 OZ)	200	0	0	0	0	0	50	53	0	53	0	0%	0%	0%	0%	392
POWERADE® MOUNTAIN BLAST® SLUSH - MED. (20 OZ)	290	0	0	0	0	0	80	78	0	78	0	0%	0%	0%	0%	561
POWERADE® MOUNTAIN BLAST® SLUSH - LARGE (32 OZ)	460	0	0	0	0	0	120	124	0	124	0	0%	0%	0%	0%	897

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
POWERADE® MOUNTAIN BLAST® SLUSH - RT 44® (44 OZ)	630	0	0	0	0	0	170	170	0	170	0	0%	0%	0%	0%	1233
<b>OCEAN WATER®</b>																
OCEAN WATER® - WACKY PACK® (12 OZ)	120	0	0	0	0	0	25	33	0	32	0	0%	0%	0%	0%	278
OCEAN WATER® - SMALL (14 OZ)	150	0	0	0	0	0	35	41	0	40	0	0%	0%	0%	0%	355
OCEAN WATER® - MEDIUM (20 OZ)	200	0	0	0	0	0	40	53	0	51	0	0%	0%	0%	2%	433
OCEAN WATER® - LARGE (32 OZ)	310	0	0	0	0	0	65	81	0	78	0	0%	0%	0%	2%	663
OCEAN WATER® - RT 44® (44 OZ)	430	0	0	0	0	0	90	112	0	109	0	0%	0%	0%	2%	929
<b>ADD-IN FLAVORS &amp; TOPPINGS</b>																
POWERADE® - WACKY PACK®	25	0	0	0	0	0	20	6	0	6	0	0%	0%	0%	0%	17
POWERADE® - SMALL	25	0	0	0	0	0	20	6	0	6	0	0%	0%	0%	0%	17
POWERADE® - MEDIUM	50	0	0	0	0	0	40	13	0	13	0	0%	0%	0%	0%	34
POWERADE® - LARGE	70	0	0	0	0	0	60	19	0	19	0	0%	0%	0%	0%	52
POWERADE® - RT 44®	100	0	0	0	0	0	80	26	0	26	0	0%	0%	0%	0%	69
VANILLA - WACKY PACK®	20	0	0	0	0	0	0	5	0	5	0	0%	0%	0%	0%	9
VANILLA - SMALL	20	0	0	0	0	0	0	5	0	5	0	0%	0%	0%	0%	9
VANILLA - MEDIUM	40	0	0	0	0	0	0	11	0	11	0	0%	0%	0%	0%	19
VANILLA - LARGE	60	0	0	0	0	0	0	16	0	16	0	0%	0%	0%	0%	28
VANILLA - RT 44®	80	0	0	0	0	0	5	21	0	21	0	0%	0%	0%	0%	37
CHOCOLATE TOPPING - WACKY PACK®	50	0	0	0	0	0	20	13	0	0	0	0%	0%	0%	2%	19
CHOCOLATE TOPPING - SMALL	50	0	0	0	0	0	20	13	0	0	0	0%	0%	0%	2%	19
CHOCOLATE TOPPING - MEDIUM	110	0	0	0	0	0	40	25	0	0	0	0%	0%	0%	4%	38
CHOCOLATE TOPPING - LARGE	160	0	0	0	0	0	60	38	0	0	0	0%	0%	0%	6%	57
CHOCOLATE TOPPING - RT 44®	210	0	0	0	0	0	80	51	0	0	0	0%	0%	0%	8%	76
CHERRY - WACKY PACK®	30	0	0	0	0	0	0	8	0	7	0	0%	0%	0%	0%	14



Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
CHERRY - SMALL	30	0	0	0	0	0	0	8	0	7	0	0%	0%	0%	0%	14
CHERRY - MEDIUM	50	0	0	0	0	0	5	14	0	13	0	0%	0%	0%	0%	23
CHERRY - LARGE	70	0	0	0	0	0	10	20	0	19	0	0%	0%	0%	0%	33
CHERRY - RT 44®	100	0	0	0	0	0	10	26	0	25	0	0%	0%	0%	0%	42
LOW-CAL DIET CHERRY† - WACKY PACK®	5	0	0	0	0	0	0	2	0	1	0	0%	0%	0%	0%	11
LOW-CAL DIET CHERRY† - SMALL	5	0	0	0	0	0	0	2	0	1	0	0%	0%	0%	0%	11
LOW-CAL DIET CHERRY† - MEDIUM	10	0	0	0	0	0	5	2	0	1	0	0%	0%	0%	0%	19
LOW-CAL DIET CHERRY† - LARGE	10	0	0	0	0	0	5	2	0	1	0	0%	0%	0%	0%	26
LOW-CAL DIET CHERRY† - RT 44®	10	0	0	0	0	0	10	2	0	1	0	0%	0%	0%	0%	34
GRAPE - WACKY PACK®	20	0	0	0	0	0	5	5	0	5	0	0%	0%	0%	0%	9
GRAPE - SMALL	20	0	0	0	0	0	5	5	0	5	0	0%	0%	0%	0%	9
GRAPE - MEDIUM	40	0	0	0	0	0	10	9	0	9	0	0%	0%	0%	0%	19
GRAPE - LARGE	60	0	0	0	0	0	15	14	0	14	0	0%	0%	0%	0%	28
GRAPE - RT 44®	80	0	0	0	0	0	25	19	0	18	0	0%	2%	0%	0%	38
GREEN APPLE - WACKY PACK®	30	0	0	0	0	0	0	7	0	6	0	0%	0%	0%	0%	10
GREEN APPLE - SMALL	30	0	0	0	0	0	0	7	0	6	0	0%	0%	0%	0%	10
GREEN APPLE - MEDIUM	60	0	0	0	0	0	5	15	0	11	0	0%	0%	0%	0%	20
GREEN APPLE - LARGE	90	0	0	0	0	0	10	22	0	17	0	0%	0%	0%	0%	30
GREEN APPLE - RT 44®	120	0	0	0	0	0	15	29	0	22	0	0%	0%	0%	0%	40
ORANGE - WACKY PACK®	20	0	0	0	0	0	0	5	0	4	0	0%	0%	0%	0%	9
ORANGE - SMALL	20	0	0	0	0	0	0	5	0	4	0	0%	0%	0%	0%	9
ORANGE - MEDIUM	40	0	0	0	0	0	5	10	0	8	0	0%	0%	0%	0%	18
ORANGE - LARGE	60	0	0	0	0	0	10	15	0	13	0	0%	0%	0%	0%	28
ORANGE - RT 44®	80	0	0	0	0	0	15	20	0	17	0	0%	0%	0%	0%	37

Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
BLUE COCONUT - WACKY PACK®	20	0	0	0	0	0	0	5	0	4	0	0%	0%	0%	0%	9
BLUE COCONUT - SMALL	20	0	0	0	0	0	0	5	0	4	0	0%	0%	0%	0%	9
BLUE COCONUT - MEDIUM	35	0	0	0	0	0	5	9	0	7	0	0%	0%	0%	2%	18
BLUE COCONUT - LARGE	60	0	0	0	0	0	10	14	0	11	0	0%	0%	0%	2%	27
BLUE COCONUT - RT 44®	70	0	0	0	0	0	10	18	0	15	0	0%	0%	0%	2%	36
WATERMELON - WACKY PACK®	25	0	0	0	0	0	0	6	0	4	0	0%	0%	0%	0%	10
WATERMELON - SMALL	25	0	0	0	0	0	0	6	0	4	0	0%	0%	0%	0%	10
WATERMELON - MEDIUM	45	0	0	0	0	0	5	12	0	8	0	0%	0%	0%	0%	19
WATERMELON - LARGE	70	0	0	0	0	0	10	17	0	13	0	0%	0%	0%	0%	29
WATERMELON - RT 44®	90	0	0	0	0	0	15	23	0	17	0	0%	0%	0%	0%	38
FRESH LEMON - WACKY PACK®	0	0	0	0	0	0	0	1	0	0	0	0%	6%	0%	0%	9
FRESH LEMON - SMALL	0	0	0	0	0	0	0	1	0	0	0	0%	6%	0%	0%	9
FRESH LEMON - MEDIUM	5	0	0	0	0	0	0	2	0	0	0	0%	15%	0%	0%	18
FRESH LEMON - LARGE	5	0	0	0	0	0	0	2	0	1	0	0%	20%	0%	0%	27
FRESH LEMON - RT 44®	10	0	0	0	0	0	0	3	0	1	0	0%	30%	0%	0%	36
FRESH LIME - WACKY PACK®	0	0	0	0	0	0	0	1	0	0	0	0%	4%	0%	0%	7
FRESH LIME - SMALL	0	0	0	0	0	0	0	1	0	0	0	0%	4%	0%	0%	7
FRESH LIME - MEDIUM	5	0	0	0	0	0	0	1	0	0	0	0%	8%	0%	0%	14
FRESH LIME - LARGE	5	0	0	0	0	0	0	2	0	0	0	0%	10%	0%	0%	21
FRESH LIME - RT 44®	5	0	0	0	0	0	0	2	0	0	0	0%	15%	0%	0%	28
STRAWBERRY TOPPING - WACKY PACK®	20	0	0	0	0	0	0	5	0	4	0	0%	10%	0%	0%	18
STRAWBERRY TOPPING - SMALL	20	0	0	0	0	0	0	5	0	4	0	0%	10%	0%	0%	18
STRAWBERRY TOPPING - MEDIUM	40	0	0	0	0	0	10	10	1	9	0	0%	20%	0%	2%	35
STRAWBERRY TOPPING - LARGE	60	0	0	0	0	0	10	14	1	13	0	0%	30%	0%	2%	53



Product	Calories	Calories From Fat	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
MUSTARD	5	0	0	0	0	0	55	0	0	0	0	0%	0%	0%	0%	6
MAYONNAISE	100	100	11	1.5	0	10	55	1	0	0	0	0%	0%	0%	0%	14
KETCHUP	10	0	0	0	0	0	110	2	0	2	0	0%	0%	0%	0%	9
MARINARA SAUCE	15	0	0	0	0	0	270	3	1	2	0	4%	0%	0%	2%	28
PICANTE SAUCE	5	0	0	0	0	0	140	1	0	0	0	2%	0%	0%	0%	14
*HICKORY BBQ SAUCE	40	0	0	0	0	0	450	10	0	8	0	2%	2%	0%	2%	28

Updated 6/14/2012

\*Products with an asterisk represent optional items which may NOT be available in all locations.

\*\*Cranberry consists of a Cranberry Juice Cocktail. Fruit and additional flavors may cost extra. "Coke," "Diet Coke," "Sprite," "Sprite Zero," "Barq's," "Fanta," "Minute Maid," "Hi-C," "POWERADE," and "Mountain Blast" are trademarks of The Coca-Cola Company. "Barq's" is a trademark of Barq's Inc. SNICKERS(R) is a trademark of Mars, Incorporated. Nuts may come in contact with your food even if ordered without nuts. All rights reserved.

Sugar is in all slush mixes, lemons, limes, maraschino cherries and other flavorings or toppings added to the diet drinks, including limeades.

+Sugar is not in Lo-Cal Diet Cherry flavoring only. Flavorings containing artificial sweeteners (sucralose) include: Low-Cal Diet Cherry, Peach and Raspberry.

SONIC® offers fresh bananas, limes and lemons. SONIC cherries, strawberries and pineapple are processed.

Daily recommended limits for a 2,000 calorie diet are 20 grams of saturated fat and 2,300 milligrams of sodium per day.

\*\*\*Limited Time Only ("LTO") products are normally offered for thirty days. However, LTOs may be offered for more or fewer than thirty days depending on drive-in location and menu items vary depending on drive-in locale and product availability. Contact your participating Sonic Drive-In for product availability and details.